

TRACK SESSION

For all* South Region Youth Riders

(*minimum age 10).

Are you an experienced indoor track rider?

Happy on outdoor tracks but want to try indoor?

Do you want more chances to ride a track?

Are you a beginner at track riding?

Then this session is for you!

Sunday, 21st December 2025.

12.30 to 15.00.

At Geraint Thomas National Velodrome of Wales. NP19 4RB.

COSTS: SESSION

- **£6.00 for riders who attended the first session in this series (on 01st November).**
- **FREE for riders who did not attend the first session in this series.**

BIKE HIRE - FREE

You can use your own track bike if it is suitable for use on an indoor velodrome or bikes (with shoes that match their pedals) can be borrowed from the velodrome.

This session is provided and funded by South Region and is coached by experienced Track Coaches from South Region.

Any questions or to let us know you are coming then please email: dpmarshall@hotmail.co.uk.